

Mountaineering / Rock Climbing Questionnaire

To be completed by the Applicant

Name, First name : _____

Application no. : _____ Dated: _____

This questionnaire will form part of the application. Provide as much detail as possible. If you are not sure whether any information is relevant, please disclose it anyway.

1. What types of mountaineering / climbing activities do you pursue? Check all that apply and where requested, please provide further details.

- a) Hiking / Walking / Scrambling
 Bouldering Artificial or Indoor climbing
 Trekking Via ferrata Sport climbing Snowshoeing
 Skitours/Snowboardtours Since when? _____ Average no. of days per year? _____
 Alpine climbing Since when? _____ Average no. of days per year? _____
 Ice climbing Since when? _____ Average no. of days per year? _____
 Big wall climbing Since when? _____ Average no. of days per year? _____
 Traditional mountaineering Since when? _____ Average no. of days per year? _____
 Buildering Since when? _____ Average no. of days per year? _____
- b) Expeditions
 Other mountaineering / climbing activities

Please specify _____

2. Do you ever climb alone or climb without a rope? (Ignore this question when only Bouldering)

Solo attempt No Yes

If yes, please name all activities with solo attempts _____

Free solo No Yes

3. What is your highest altitude achieved?

- < 5,300 metres < 7,000 metres ≥ 7,000 metres
 < 17,400 feet < 23,000 feet ≥ 23,000 feet

4. Do you ever climb in any of the following areas? Please tick all appropriate boxes.

- Arctic Antarctic Greenland Alaska Elsewhere

5. Where do you climb? Please check all and specify region.

- Europe Africa where?
 Asia where?
 North America where?
 South America where?
 Oceania where?
 Elsewhere where?

6. Does climbing form part of your job or work activities?

No Yes

7. Do you plan any activities for the next 12 months which would change the answers provided above?

No Yes

Please specify

8. You only need to answer this question if you replied "Yes" to question 6.

What is your profession?

a) Please give us a detailed job description and a job history:

.....

b) Do you do the profession as a full-time job or a part-time activity?

Full-time Part-time

c) Are you self-employed? If yes, since when

or salaried? If yes, please provide the name of your current employer

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9. You only need to answer this question if you ticked a box under question 1. b) and/or pursue an activity in an altitude $\geq 7,000$ metres (23,000 feet).

b) Have you ever participated in any other expedition or activity in a remote area before?

No Yes

If yes:

i) Where to (specific areas):

.....

ii) How often and when?

.....

iii) Who typically organised the expedition or activity (please provide details)?

.....

iv) Where the tours typically accompanied by a support team (mountain guide, medical doctor, Sherpa)? Please specify

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v) What was the typical maximum altitude per tour?

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vi) What was the maximum distance / height difference between base camp and destination / summit?

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I declare that the answers I have given are, to the best of my knowledge, true and I have not withheld any material information that may influence the assessment of acceptance of this proposal. I agree that this form will constitute part of my proposal for life assurance and that failure to disclose any material fact known to me may invalidate the contract.

Signed..... Date