

Headache, migraine Questionnaire To be completed by the applicant	
Name, First name: Application no.: Dated: This questionnaire will form part of the application. If any questions below are answered "Yes", please supply full details below including dates and names of doctors and institutions where applicable.	
1.	Did or do your headaches occur in association with a neurological disorder (e.g. brain tumour), vascular disease (e.g. hypertension) or a head injury? <input type="checkbox"/> No <input type="checkbox"/> Yes - please provide details
2.	Did or do your headaches occur in association with a psychosomatic or mental or nervous disorder? <input type="checkbox"/> No <input type="checkbox"/> Yes - please provide details
3.	Do you have cluster headaches? <input type="checkbox"/> No <input type="checkbox"/> Yes
4.	What type of headache do you experience? <input type="checkbox"/> Mostly one-sided headache <input type="checkbox"/> Throbbing headache <input type="checkbox"/> Sudden onset <input type="checkbox"/> Often associated with nausea and/or vomiting <input type="checkbox"/> Due to noise or light sensitivity <input type="checkbox"/> With aura or neurological symptoms e.g. visual disturbance, pins and needles, hearing loss, arm or leg weakness <input type="checkbox"/> Symptoms lasting not longer than 72 hours continuously <input type="checkbox"/> After eating or drinking coffee, chocolate etc. Result If more than 4 of any of the above questions answered: -> Migraine type headache If less than 4 questions answered: -> Tension headache
5.	Last symptoms, <input type="checkbox"/> more than 3 years ago? <input type="checkbox"/> less than 3 years ago?
6.	How often ? <input type="checkbox"/> once – twice a month <input type="checkbox"/> 3 – 4 times a month <input type="checkbox"/> more than 4 times a month
7.	Medication <input type="checkbox"/> as required <input type="checkbox"/> continuous medication (one type only) <input type="checkbox"/> continuous medication (more than one type)
8.	Absence from work <input type="checkbox"/> up to 7 days per year <input type="checkbox"/> 8 – 15 days per years <input type="checkbox"/> more than 15 days per years

9. Have you had any blood or other tests related to your headaches?

No

Yes - please provide dates and details

10. Who is currently treating you?

Family doctor

Orthopaedic specialist

Neurologist

Other

Please provide details

I declare that the answers I have given are, to the best of my knowledge, true and I have not withheld any material information that may influence the assessment of acceptance of this proposal. I agree that this form will constitute part of my proposal for life assurance and that failure to disclose any material fact known to me may invalidate the contract.

Signed

Date